

# Gratitude for the Waters



**Here we go again!!!** If you missed the first paddling experience of offering your gratitude to the water here is another opportunity. Come with your beautiful intentions and breathe them into your flower offerings for the waters of *our local Apu Lake Huron*. We will open sacred space and set a group intention to bless the water with our prayers as we kayak on the majestic waters of our sacred Lake. Come feel how the water responds to your prayers and washes over you with grace and dissolves your cares.

We will meet at Cattail Kayaks in Pinconning where Kayak Bob will instruct newcomers to kayaking basics. (It is easy and much more stable than a canoe). Paddles and lifejackets are provided. Flower offerings are provided or bring your favorites from home. See the videos below to enhance your connection with the water as a conscious being.

Please bring sun protection as needed and hydration fluids to enjoy before and after your experience. A limited number of kayaks are available; 7 singles and 2 doubles. Reserve your spot ASAP. For anything more than a light short rain we will cancel.

**Video by Masaru Emoto** <https://www.youtube.com/watch?v=1qQUFvufXp4>

**Speaking to the Water Video by Pat McCabe** <https://www.youtube.com/watch?v=OeeAMNxuqio>

**Location:** Pinconning Park, 3401 E. Pinconning Rd, MI 48650

**Date & Time:** September 1, 2019 from 9:00 AM to 1:00 PM

**Cost:** \$10 per person to Bev Cook, park admission \$3 per auto, kayak rental \$10 per hour single or \$25 for 4 hours, double kayaks \$15 per hour or \$35 for 4 hours

**Register:** By phone or **text 989-255-5931 with Bev Cook** to reserve your spot, registration is limited.